

OPENING
DOORS



OPENING
MINDS



To provide an aspirational education which inspires all to SHINE in our community so that they are happy, confident and equipped for life in all its fullness.

Term 4

Spires
Federation



Dear Parents and Carers,



As we come to the close of a wonderful half term, we wanted to take a moment to reflect on the experiences our children have had over the past few weeks. It's been a time full of learning and creativity and we are incredibly proud of everything our children have accomplished.

This term has been particularly significant for us, as we received our SIAMS (Statutory Inspection of Anglican and Methodist Schools) report for Dunston St Peter's. We have attached the report and are delighted to share it with you today. Whilst this report is specifically for Dunston, it reflects the vision, culture and leadership across the Federation, as we share so many aspects of our school life.

The SIAMS inspection gave us an opportunity to share many of the aspects we are incredibly proud of, such as how the vision leads everything we do in school, Religious Education, Collective Worship and our work within the community. We are very grateful to the pupils who spoke so confidently to the inspector about all aspects of their learning and life at Dunston.

The energy and dedication shown by both children and staff has as always been exceptional. As we go into this Easter break, we hope that both children and families can enjoy some much-needed rest and relaxation, recharging for the next exciting term ahead.

We can't wait to see what the next few months will bring for our children, and we look forward to having everyone back, ready for new challenges and opportunities.

Thank you once again for your continued support and partnership. We wish you all a restful, enjoyable half-term break!

Kindest regards,

Miss Winters



Mrs Toulson



Miss Vaughan

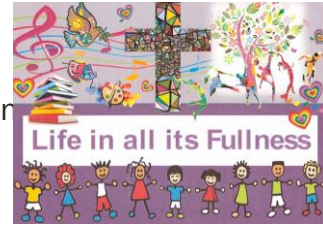


Our Vision in Action How we SHINE!

SIAMS March 2025



To provide an aspirational education which inspires all to SHINE in our community so that they are happy, confident and equipped for life in all its fullness.



We are thrilled to share the wonderful news with you all—Dunston St Peter’s has received a fantastic report from the recent SIAMS (Statutory Inspection of Anglican and Methodist Schools) report! This is a significant achievement, and we couldn’t be more proud of the positive reflection it offers on our school community.

The SIAMS inspection focuses on the quality of our school’s Christian character, including the spiritual, moral, social, and cultural development of our students. It also looks at the leadership and the values that guide our school’s ethos. The report praised the excellent work that has been done in these areas and commended the strong sense of community and inclusivity that we strive to foster.

Some of the key strengths from the inspection include:

- The strongly embedded Christian vision drives the strategic direction of the school. It provides an aspirational curriculum where pupils are enabled to grow and flourish and to be the best they can be.
- Leaders have created a culture of trust and respect where a sense of belonging permeates the school. Wellbeing and personal growth are prioritised.
- Strong partnerships across the school community and beyond, enrich the lives of pupils and staff. Church leaders particularly offer a variety of support to enhance pupils’ lives.
- Collective worship is the heartbeat of the school, offering meaningful opportunities for reflection, and contributing to the spiritual growth of adults and pupils.
- RE provision is of high quality and is well led. Consequently, pupils have a good understanding of world views and religions.

This achievement is not just a reflection of the hard work of our staff but also the fantastic partnership we have with you as parents, carers and community. Your continued support and involvement in the life of the school play a pivotal role in helping us achieve such success. We are grateful for your trust in us and for the encouragement you provide your children to be active, positive members of our school community.

We also want to take this opportunity to thank our children. Their enthusiasm, curiosity, and commitment to living out the values of the school have made a real difference. We are proud of each and every one of them!

Looking ahead, we will continue to build on these strengths and work together to ensure that we provide the very best learning experiences for all of our children.

Thank you once again for your ongoing support. We are so proud of our school and of all that we continue to achieve together.



Our Vision in Action How we SHINE!



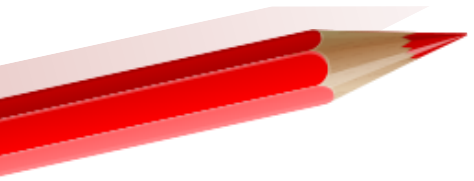
To provide an aspirational education which inspires all to SHINE in our community so that they are happy, confident and equipped for life in all its fullness.

SIAMS March 2025

“Relationships are strong at every level, built on respect and trust. Pupils and staff feel a deep sense of belonging. Leaders’ strong focus on mental health and wellbeing for pupils and adults helps create a safe and nurturing environment.”

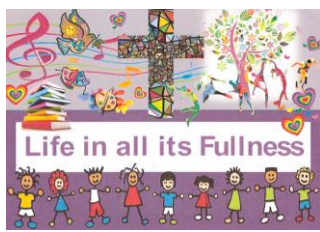
SIAMS March 2025

“The school drivers of aspiration, wellbeing, and being worldly wise, create a curriculum which broadens horizons. In line with the vision, the curriculum, rich in innovation and challenge, offers opportunities for personal growth and academic success. This enables pupils to become responsible, caring members of society for the future.”



SIAMS March 2025

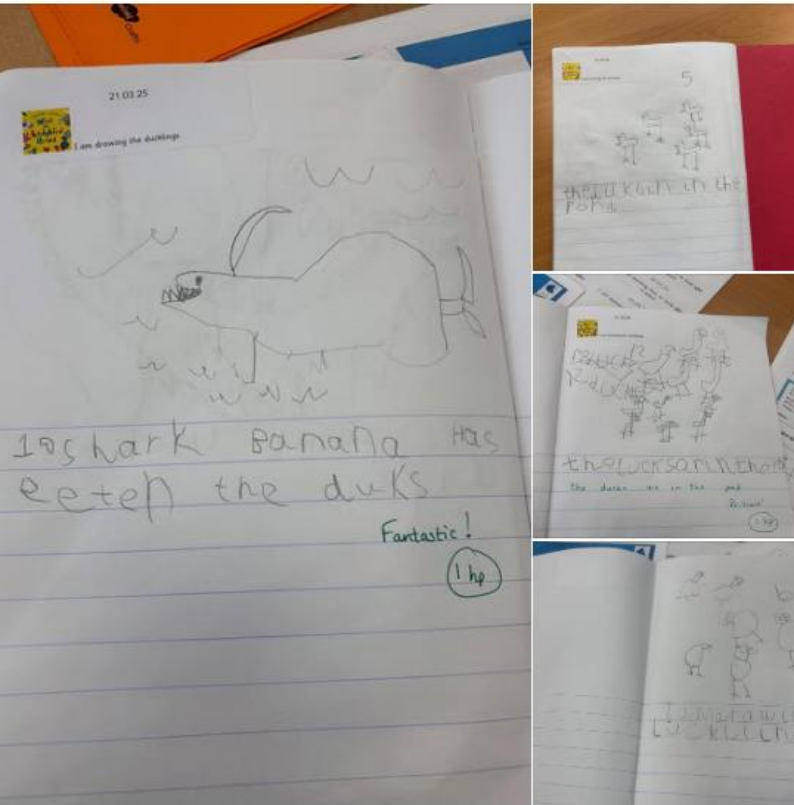
“These support pupils and staff to be the best possible versions of themselves. Through a culture of aspiration, leaders ensure barriers do not define but offer opportunities to open doors and minds. Decisions on curriculum design, inspire pupils to be aspirational and equip them with confidence and resilience to always try their best.”





Pixies

Some truly incredible examples of reception independent writing, such as an imaginative bunch! #drawingclub



Reception have been learning about the Easter story and have made their own Easter garden using things we found outside #eastersun #eyfsideas



We had the best time identifying the various types of trees in our science today 🌳🌳



We are enjoying our provision this week 🌈🌟



Stickman and his team are ready for the children and all that #worldbookday has to offer! #drestoimpress #wbd2025





Gnomes

It was so lovely to have so many people come to join us in Gnomes class for our Easter creativity afternoon.



Digging up worms for the wormeries we made as part of Science Week



Gnomes are all ready for world book day! Don't they look fantastic!



We worked so hard as teams to discover what we had caught, we were surprised at how much we found!

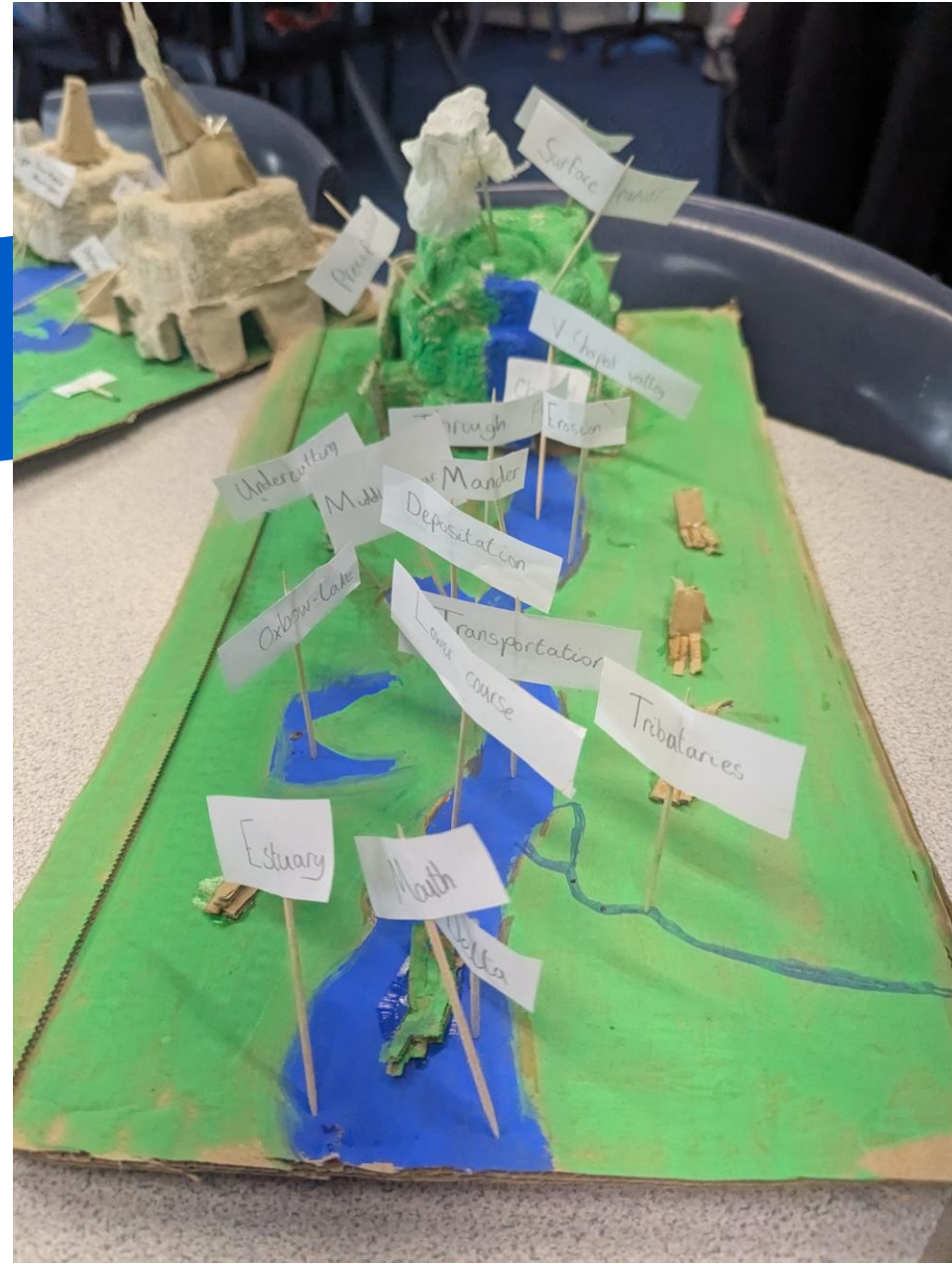




Imps

Term 4





School Office

The school office is looked after by Mrs Elliott. She can be contacted on 01526 320630 or admin@spiresfederation.co.uk



Wrap Around Care Direct

Telephone Number

A reminder that we have set up a direct telephone line for **Breakfast Club** and **After School Club** - the telephone number is: **01526 552500**

The line will be available between **7.20am and 8.40am** and **3.20pm and 6.00pm** and only for use by parents who need to contact breakfast or afterschool club whilst their child is there.

Attendance Term 3

Up to 03.04.2025

Pixies – 95.53%

Gnomes – 96.74%

Imps – 96.91%

Whole School – 96.24%

School office

The office is open 8.30am to 3.30pm Mon to Thu & 8.30am to 12.30 Fri.

Calls & emails will be diverted to Dunston when the office is unmanned during school hours.

Bus Children & Changes to pick ups

Can we ask that parents give us as much notice as possible when changes are made regarding children going home.

We understand that circumstances do change, we have systems in place so we know where each child should be, but late calls/emails may not be picked up in time to get the message to the relevant staff.

Thank You!

What Parents & Educators Need to Know about INSTAGRAM

Instagram 📷 remains one of the world's most popular social media platforms, especially among teens – used by around 70% of 13 to 17-year-olds.

It may be one of the most familiar social media names around but features like AI-powered chatbots and Threads integration have added fresh challenges for families and schools to navigate 📱 From worrying livestreams to issues like social exclusion and fear of missing out, Instagram isn't just about photos. As the platform evolves, so too must the conversations we have with young people about how they use it 💡

Our latest #WakeUpWednesday guide outlines what these new features involve, the possible risks they bring and how to make the most of Instagram's parental controls to keep children safe online 🛡️

[Download your free guide](#)

NEW!

Our #WakeUpWednesday guides are now available via podcast!

Tune in for advice for parents and educators on this week's topic...

[Listen now](#)



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, tips and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about INSTAGRAM

AGE RESTRICTION 13+

Instagram remains one of the world's most popular social media platforms, especially among teens – with around 70% of 13 to 17-year-olds using it. Owned by Meta, Instagram allows users to share photos and videos, create interactive 'stories', broadcast live, send private messages and follow others. With regular updates and new features, it's essential for parents and educators to stay informed about how children are using the app – and what the risks are.

WHAT ARE THE RISKS?

- EXCESSIVE SCREEN TIME**
Instagram's design encourages prolonged use through endless scrolling of trending content and generating a fear of missing out (FOMO). Children can quickly lose track of time browsing posts from friends, influencers, and strangers, which may disrupt their day-to-day activities.
- AI CHATBOT CONCERNS**
Meta's AI, which is available on Instagram, allows users to chat with an in-app chatbot. While often helpful, it can blur boundaries for young users, who may ask for or read content that is inappropriate or see it as a real friend or confidant. Privacy issues also arise, as conversations may not be as secure or private as children assume.
- RISKS OF GOING LIVE**
The livestream feature allows real-time broadcasting to followers – or anyone, if the account is public. This increases the chance of unwanted contact from strangers and pressure to act in ways that gain attention, including engaging in inappropriate behaviour. Viewers may also post offensive or harmful comments during live sessions.
- THREADS INTEGRATION**
Threads is Instagram's sister app for public, text-based conversations. Posts from Threads appear in users' Instagram feeds and can lead children to view, share, and comment on public conversations with strangers. The content may not always be age-appropriate and can be misleading or false.
- SCHEDULED MESSAGING**
Instagram's newer ability to schedule direct messages means that children could receive messages late at night or early in the morning. This can disrupt their sleep or keep them preoccupied before the school day even begins.
- EXCLUSION AND LOW SELF-WORTH**
Feeling left out online can have a real emotional impact. Being left out of photos, receiving fewer likes, being unfollowed, or being ignored in chats and comments can leave children feeling excluded, which often hurts as much as in real life. There is also the risk that this can lead to reduced self-esteem and a sense of not belonging.

Advice for Parents & Educators

- USE INSTAGRAM'S SUPERVISION TOOLS**
Instagram's built-in Family Centre lets parents monitor how much time their child spends on the app. Specialised 'teen accounts' are private by default and offer controls on who can message them. Make sure that children use their real age when registering their account to ensure they have these protections.
- OPEN UP THE CONVERSATION**
Talk regularly to the children in your care about what they enjoy on Instagram – and what makes them uncomfortable. Encourage honest chats about filters, body image, and online approval. Reassure them that they don't need to edit their appearance or change 'likes' to feel valued.
- MEET OUR EXPERT**
Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.
- SET BOUNDARIES FOR THREADS AND AI**
Parental controls on Instagram also apply to Threads. These allow parents to monitor time spent in the app, check follower lists and adjust exposure to sensitive content. Discuss AI features, too, therefore helping children understand that chatbots aren't real people and should be used with care.
- BE MEDIA-SAVVY WITH INFLUENCERS**
Parents should follow a line of the influencers their child watches, so they can better understand the content they're seeing. Use this as a springboard to talk about the difference between genuine recommendations and paid promotions – and how online personalities can stage approvals and behaviour.

#WakeUpWednesday The National College

[@wake_up_weds](https://www.wake_up_weds)
www.thenationalcollege.com
[@wake.up.wednesday](https://www.instagram.com/wake.up.wednesday)
[@wake.up.weds](https://www.spotify.com/artist/wakeupwednesday)

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Free online

PARENTS

**Free Online Safety
Q&A events for
Parents**

The Stay Safe Partnership deliver Online Safety workshops in Primary and Secondary schools across Lincolnshire everyday. In the below events we will give you the most up to date information and tools around what your children are experiencing online, so you can feel confident in keeping them safe from online harm whilst still allowing them to explore the online world. Whether you want to know more around age appropriate apps, online trends, parental controls, social media or any other burning questions this is the event for you! Sign up is required.

Stay Safe Partnerships Online Safety Q+A for Parents of **Primary Aged Children 14th May 2024 6-7:30pm** FREE TEAMS event sign up required:

<https://www.tickettailor.com/events/staysafepartnership/1651088>

Stay Safe Partnerships Online Safety Q+A for Parents of **Secondary Aged Children 7th May 2024 6-7:30 pm** FREE TEAMS event sign up

required: <https://www.tickettailor.com/events/staysafepartnership/1651098>



Lumi Nova App

We are delighted to share with you a new NHS funded service being piloted in Lincolnshire that's designed to support young people aged 7-12 who are experiencing worries or anxieties; Lumi Nova.

Lumi Nova is an intergalactic adventure game to support young people to fight fears and manage worries. Whilst exploring planets, customising characters and earning treasure your child breaks their fears and worries down into manageable steps, learning life-long skills and building resilience.

Over the next few pages, you will find some more information on this new app. If you feel this is something your child would benefit from, please speak to Miss Vaughan who would be happy to share more information with you.



LUMI NOVA
TALES OF COURAGE

Does your child struggle with worries or anxiety?

Help your child build confidence with a new digital therapy mobile game

✓ For 7-12 year olds
✓ Free instant access

Recommended by
NICE National Institute for Health and Care Excellence

To get instant access visit:
luminova.app/lincolnshire

Available to families in Lincolnshire







Digital therapy enabling children to self manage their fears and worries

Recommended by **NICE**



What is Lumi Nova?

Everybody worries sometimes, but sometimes worries stay and can have a big impact on your child's life.

Lumi Nova can support your child by helping them set goals and challenges to overcome their worries, one step at a time.

- ★ **NICE recommended digital therapy** through a fun mobile game (smartphone/tablet)
- ★ **For 7-12 year olds**
- ★ **Supports mild to moderate fears, worries & anxiety***
- ★ **Based on Cognitive Behavioural Therapy (CBT) and provides Psychoeducation and Exposure Therapy** - The gold standard of care for treating anxiety
- ★ **Safe, effective & easy to use**



*Lumi Nova is for children aged 7-12 experiencing mild to moderate anxiety. It is not recommended for use with children who have severe anxiety, are in crisis, have suicidal thoughts or are at risk of self harming **without clinical supervision.**

See instructions for use: bit.ly/luminova-ifu

Using Lumi Nova can help your child:

- ✓ Learn **life long skills** on how to self manage their worries
- ✓ Learn how to **breakdown fears and worries into manageable steps**
- ✓ **Build confidence and resilience** by completing small challenges in the game and in real life
- ✓ **Understand what worry and anxiety is** so they can learn to cope
- ✓ Talk about their own worries in a way that is **non-stigmatising**



To learn more visit:
luminova.app/lincolnshire

Choose from 15 'ready made' goals

To help build confidence, you'll need to shortlist 3 goals that are relevant to your child, practical to do and easy.

Your child will then be able to choose a goal to work on which is broken down into small steps to help your child progress.

The first few challenges happen in the game (imagine, draw, photos, and videos) and then progress to real life challenges that will need your support.

luminova.app/choosinggoals

1. Be comfortable staying at home without my parent or guardian
2. Be ok making a mistake on school work or a test
3. Be able to sleep away from home overnight
4. Be comfortable speaking in front of a group
5. Be able to sleep on my own
6. Feel comfortable visiting a crowded or busy place
7. Be able to spend time in the dark
8. Be able to spend time near a dog
9. Be able to spend time near insects or spiders
10. Try to make a new friend
11. Feel comfortable going to a party or social gathering
12. Feel comfortable going to school
13. Be able to spend time in a high up place
14. Be able to eat or drink in front of other people
15. Be okay seeing vomit or thinking about vomit



How to get started with Lumi Nova and your role as a parent:

Step 1: Register to get your game key

1. For free access, scan the QR code or visit luminova.app/lincolnshire
2. Validate your postcode and complete the registration form & short survey.
3. You'll receive a text message with a link to download Lumi Nova and your game key. Please keep this safe and secret - you'll need it later for the 'real life' challenges.



Step 2: Set up the app

1. Download the 'Lumi Nova' app on a mobile or tablet device your child has regular access to and activate it with your game key.
2. Set up the app by shortlisting 3 goals for your child to choose from.

Step 3: Your role as a parent:

1. Set a regular time in a quiet place for you and your child to use Lumi Nova together.
2. Support your child to complete real life challenges (unlock and approve with your game key)
3. Complete weekly surveys sent to your phone via text message

Recommended usage: 15- 30 mins, 2-3 times per week to use Lumi Nova with your child.

Need support using the app? Email us at: support@bfb-labs.com



For more info and resources visit:
luminova.app/parents

Wrap Around Care (WAC)



Wrap Around Care

Before and After School Childcare

2024/25

Our three schools offer wrap-around childcare provision for families. You may book the day and section of time that suits you. Bookings are made up to three days prior through our Parentmail payments system, with an up-front charge to cover the period booked. If you will be paying using Tax Free Childcare Vouchers, please select the box on PMX to make us aware.

Breakfast Time

For those children attending a before school session we will provide a variety of cereals, yoghurts and fruit, along with the option of toast for their breakfast. This will help them start their day on a nice full tummy. We aim to meet all dietary requirements, so please communicate with the WAC supervisor if you need an adjusted food provision.

If you book a 'drop-off' session only, breakfast is not provided.

After School Time

Following our school healthy eating approach, we offer the children a light, healthy snack and fruit to keep them full until you arrive to take them home for their family meal. We understand the importance of making sure the children are nutritionally balanced and will endeavor to make sure we fulfil those needs. Drinks and fruit will always be available throughout all sessions.

Medication

Should your child need to take any medication whilst at clubs please use the standard school medication form and inform us immediately.

Opening Times

We are delighted to now offer wrap around care as follows (new times and prices for 24/25):

Wrap Around Care (WAC)



Opening Times

We are delighted to now offer wrap around care as follows (new times and prices for 24/25):

WAC Session	Time	Price
Breakfast Club	7:30am - 8:50am	£5
Drop off Only	8:20am - 8:50am	£2.50
After School Club (early twilight)	3:20pm - 4:20pm	£4.50
After School Club (late twilight)	3:20pm - 6pm (Mon-Thurs) 3:20pm - 5:20pm (Fri)	£10

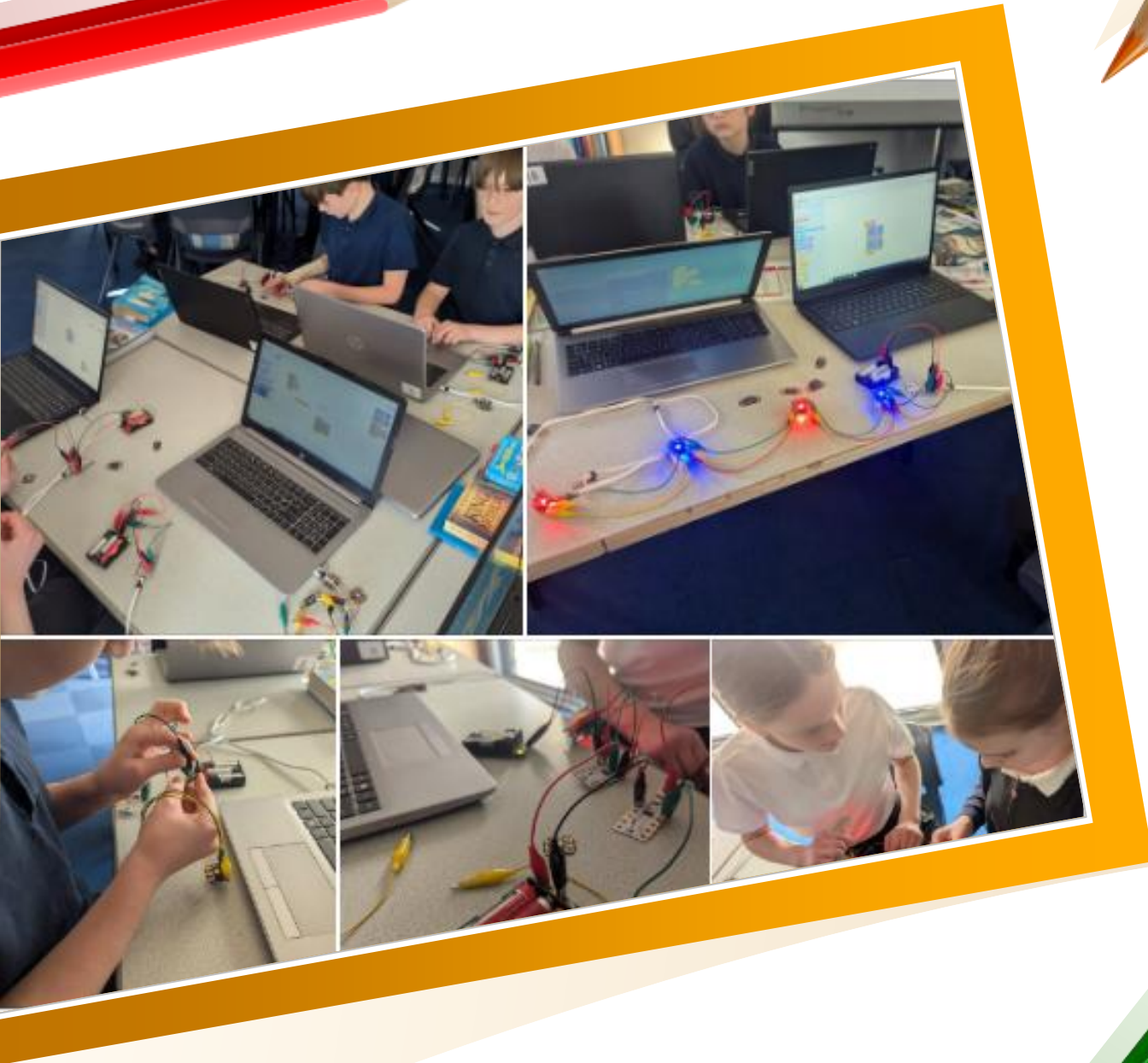
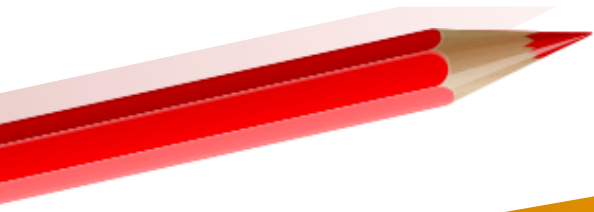
Ideally please book and pay before term starts to secure your place. We will try to accommodate late bookings – please contact the school office.

Clubs Staff

Mrs Butler	Dunston
Mrs Colley	Dunston
Mrs Elliott	Digby
Miss Thompson-Dowse	Nocton

Please call the school office if you have any queries.

For billing queries, please email admin@spiresfederation.co.uk specifying which school your query relates to.



Thank You!

